



**INTERNATIONAL
SAFE
ELDERLY**



WHO Collaborating Centre on Community Safety Promotion



Indicators for Safe Elderly

Safe Elderly in a Safe Community setting have:

1. An infrastructure based on partnership and collaborations, governed by a group of managers, elderly and their voluntary organisations representatives, technical staff, and safety professionals that is responsible for safety promotion for elderly people; The group should be chaired by a local administration representative with a Voluntary Organisation representative as a co-chair;
2. Safe Elderly policies developed by the Group in a Safe Community setting;
3. Long-term, sustainable operational programs covering both genders, all old age groups, environments, and situations;
4. Programs that target high-risk groups and environments, and programs that promote safety for vulnerable groups;
5. Programs that document the frequency and causes of injuries – both non-intentional (accidents) and intentional (violence and self-inflicted);
6. Evaluation measures to assess their policies, programs, processes and the effects of change;
7. Ongoing participation in Safe Elderly networks – at community, national and international levels.

Specially for Safe Elderly issues contact:

These indicators have been developed by the International Safe Communities movement with the objective of making the world a better and safer place in which to live, work and play.

Please read more about us on www.phs.ki.se/csp and give us your opinions to improve our work to leif.svanstrom@ki.se or moa.sundstrom@ki.se



Dr. Mirjana Milankov
drrmirjana.milankov@gmail.com



Dr. Tommy Rosenberg
tommy.rosenberg@karlstad.se



Dept. of Public Health Sciences
Division of Social Medicine
Stockholm, Sweden
www.phs.ki.se/csp
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För personalen innebär det att:

- ***Öppna sinnen!***
- ***Se riskerna!***
- ***Rapportera riskerna!***
- ***Åtgärda riskerna!***
- ***Följa upp åtgärderna!***

Exempel på konkreta åtgärder:

- ***Översyn av den fysiska miljön***
- ***Näringsriktiga måltider (vitamin D)***
- ***Särskild försiktighet vid rökning***
- ***Träning av balans och muskelstyrka***
- ***Trycksårsförebyggande åtgärder***
- ***Läkemedelsgenomgång***

**Systematiskt säkerhetsarbete –
ett ständigt pågående arbete för ständig
förbättring**



http://www.youtube.com/watch?v=G12_1H6YX7k



**Projektledare Trygga och Säkra Äldre
Kerstin Seipel**

kerstin.seipel@nacka.se